Roche

# How to test your blood sugar using the Accu-Chek® Aviva Plus system.

**1**

After washing and drying your hands, pull the cap off your Accu-Chek Softclix device. Insert a lancet and twist off its cover.

**2**

Replace the cap and press the button at the end of the device to prime it. The release button on the side will turn yellow.

**3**

Remove one test strip from the vial and insert it into the meter until the meter beeps.

**4**

Place the lancing device alongside your finger, and press the yellow button to gently prick your finger.

**5**

Touch the small blood drop with the edge of the test strip's yellow stripe. Do not put blood on the *top* of the test strip, only the *yellow edge* of it.

**6**

The meter will beep and flash when there is enough blood.

**7**

A result will appear in 5 seconds to let you know your blood sugar level.

**8**

Remove the lancing device cap. Point the lancet away from you over a puncture-proof container and slide out the ejector to discard the lancet.

**Note:** Meter and lancing device should never be used by more than one person.

**ACCU-CHEK®**

## Possible error messages and what to do about them:

**E-1**

Test strip damaged or not properly inserted. Remove and reinsert the strip, or replace if damaged.

**E-4**

Not enough blood was drawn into the test strip. Throw away the strip and repeat the test.

**E-6**

Blood was applied to the test strip before the flashing drop symbol appeared. Throw away the strip and repeat the test.

**E-9**

Battery is almost out of power. Change battery.

For a full list of error messages please consult your Owner's Booklet that came with your meter.

**If you have additional questions or want more information about using your Accu-Chek Aviva Plus system, please contact us:**

**800-858-8072**

**accu-chek.com/aviva**

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